



Get A Taste Of Summer Down Under In LA with Harbour and NEWH.

Join us for an Aussie- themed night to get us ready for SUMMER with good food, friends, and YOGA!

TUESDAY, FEBRUARY 20TH 6:00pm – 9:00pm

HARBOUR OUTDOOR
3240 Helms Ave,
Los Angeles, CA, 90034
1 310 439 5972
Located at Helms Bakery across

from fathers office

\$10 NEWH members \$20 Non-members \$25 at the door for members & non-members Students are free with valid student ID.

AUSSIE COCKTAILS AND BITES SERVED

6:00pm -8:00pm Mini Massages with Soothe.

Come and unwind with us for a free mini massage before we start yoga.

7:00pm -8:00pm Yoga Session with Flowology.

Flowology is a wellness company specializing in team building and stress reduction. The yoga portion of the night will be outside and requires no mat. Wear shoes and dress comfortably for stretching outdoors.

Door prizes and more... Chance to Win A \$2000 Harbour Gift Card

